



LAKE VIEWS

THE AWARD WINNING STUDENT NEWSPAPER OF LAKE OSWEGO HIGH SCHOOL

Lakers share timeless senior year crafts

By KAIYA CARNEGIE

Senior year is full of sappy and nostalgic feelings and not caring what other people think about you. These are the moments that you are going to want to relive for the rest of your lives. Reminisce on your old friend group, remember that one dance that you had the most fun time of your life at, and share these moments with your future children when you're older. Here are some ways you can do that.

Vlogging - Vlogging is the ultimate way to document senior year. With just a click of a button, the whole year is recorded and can be rewatched exactly as it was lived! The result is effortless, authentic and full of nostalgia. Throw on some sappy background music, and by the end of this year you will be bawling your eyes out rewatching the moments that made senior year unforgettable.



Scrapbooking - This may sound like a "grandma activity," well actually, it is— and that is why I could not recommend it enough. Scrapbooking is therapeutic and soothes the soul. It's the perfect way to freeze the precious moments of senior year by pasting pictures onto paper. If for some miraculous reason your phone falls into a puddle, pool or pot of soup, don't fret because they're all saved physically in that scrapbook. Isn't it crazy to think that this is what most people used to do to save their pictures? Channel that old-school energy and start scrapbooking!



Senior Jeans - I haven't seen any senior jeans this year at our school, and I am a little upset about it. Not only do you get to wear a completely customizable item of clothing to match your class, but you also get to have an arts and crafts night with your friends reminiscing about that one time in third grade at recess while also listening to the, what I would say, anthem of senior year: "Rivers and Roads."



Parking spots - Although our school doesn't allow painting parking spots, I have heard a lot of students and seniors rallying to make rule changes, and I agree! I hope that in the future, upcoming seniors can paint their parking spots. I believe that painting parking spots is a great way to express yourself, and it also doesn't cause any damage to the school because students pay for their personal parking spot. Next year, students can paint over them and so on and so forth.



Backpacks - If you see people walking around with "Paw Patrol," "Hello Kitty" or "Frozen" on their backpacks, no, it is not because they haven't gotten a new backpack since elementary school, it is just one of my favorite senior traditions. Now I may be biased because I too have a little kid backpack, but I think it is great to be able to express yourself, and I appreciate that I am able to recognize my friends walking down the hall from the back. So, seniors, it is not too late to get that silly backpack!



Oregons best authentic mexican resturants

By ANDREA PIEDRAS

Have you ever been sitting in fourth-period class, staring at the clock when your stomach grumbles, and suddenly the only thing you can think about is getting food the second you get out of class? You could pop into Starbucks, maybe take a detour at McDonald's, or even grab Chipotle. But the truth is, all these chain restaurants don't have that homey, authentic atmosphere that truly takes an experience to another level. And when you're in the mood for authentic Mexican food, Chipotle or Baja Fresh will not do. Here are the top authentic Mexican restaurants you need to try, personally tested and reviewed by me.

The first restaurant is right here in Lake Oswego. Taqueria la Marquesa is a family owned business cated in downtown LO with an impressive 4.8-star rating on Yelp. The vibe in this restaurant is cozy and extremely welcoming; the workers greet you with a friendly voice and smile. All workers are extremely friendly, and you will never feel unwelcome. Their menu has a large variety of different Mexican food, but if you're not feeling anything, don't worry, their burgers are delicious. The restaurant is on the smaller side, with limited seating, but don't let that turn you away from their fresh tacos. Their tacos are by far what stands out the most— the endless toppings you can add, the softness of the tortillas and the long list of meat choices. Don't worry, if you are craving a sweet treat, they have a delicious selection of desserts. Some recommendations from an expert, if you do choose to go: order two tacos de len-



gua with their horchata and the chocoflan.

The second restaurant is located in Tualatin. Rosie's Kitchen is another family-owned restaurant. Rosie's Kitchen has a whopping 4.6 stars on Yelp. Walking in, you will instantly notice the friendliness of the workers and customers. You will usually see the owners' kids behind the counter taking customers' orders. Their menu has a wide variety of popular Mexican food, as well as more traditional food if you want to try something new. Rosie's Kitchen is more spacious than the previous restaurant, so if you have a friend who also enjoys Mexican food, you can savor it together. A plus is that they have a TV inside, where they play a variety of sports games, and if there is a specific game you want to watch, you can always ask, and they will play it. Their food is full of flavor. Their specialties are their tacos and burritos; the tacos are especially juicy and soft. Their portion sizes are never too big and never too small, so you can order as many as you want, and it will never be too much. Their fresh, homemade drinks are to die for — they are never too bitter and never too sweet, and they are always made new each day. Unlike many chain "Mexican" restaurants, you never have to pay an extra fee for chips and salsa or refills. For my very professional recommendation, order the junior burrito with carnitas and an horchata. My last and final restaurant is located in downtown Tigard. Sanchez Taqueria

Y Panaderia is a family-owned restaurant and has been in the community for over 16 years. Their recipes are famous for being authentic and delicious.

The five oldest children run Sanchez now. Sanchez is a big restaurant, with indoor and outdoor seating, but even with a big space, it will fill up — it's that good. Sanchez has 4.3 stars on Yelp, but that number doesn't truly show how good this place is.

Their menu is full of traditional and authentic Mexican food; every single item on the menu is well cooked, seasoned, and fresh. There is a lot of work put into their food, and you can taste how much love and passion is put into their recipes. One of the best parts is their bread. Not only do they have the most amazing food, but they also have a whole wall full of traditional Mexican sweet bread. When you walk in, you can immediately smell the freshness of the breads and pastries. If you're picky, don't worry, there are more than 15 different types of breads to choose from. Even the simple dishes, such as their rice and beans, have so much flavor. Therefore, not only will you enjoy their flavorful food, but you will also be able to appreciate some soft and fresh bread afterwards. Many things make Sanchez shine: their drinks, the friendliness of the employees, the food and just the amount of community there is. My recommendation: order a taco de lengua with a side of rice and beans, and, of course, an horchata.



LOHS admin bans food delivery at school

By SOPHIA LU

Following multiple unsavory food delivery incidents, Lake Oswego High School has implemented a new food delivery policy for this year. "No food is to be delivered by someone that is not related to the students or in their emergency contact from when the school day starts until the school day ends," explained LOHS Principal Kristen Colyer.

The policy resulted from school safety concerns, as delivery drivers were being let into the building by students, negating the school's security measures. Colyer continued, "Our safety and security program is really designed for people to check in with our Raptor system" at the front desk. The system typically scans the person and their background before they are let into the building. However, food delivery drivers who entered the building without first being checked through Raptor could potentially pose a se-

curity risk since their reliability remains uncertain.

Furthermore, multiple times last year, Colyer witnessed drivers "leave the food, take a picture to send to the student, pick up the food and leave." In other words, students would pay for food and not receive it — all while being told that they should have. The combination of this issue with the factor of safety led to food deliveries being prohibited this year.

Nevertheless, although food deliveries, such as UberEats and Doordash, will not be allowed during school hours, they will still be permitted after school. Additionally, during school hours, parents and other people on students' emergency contact forms will also be able to drop off food or any other items in the front office. They will first check in at the front window, and, after

it has been verified that they are indeed on the student's contact list, receptionist Barbara Parrish will bring the food into the office and place it on the shelves inside the school.

This year, as food deliveries have been disallowed, "breakfast, lunch and snack sales have increased compared to this time last year," said LOSD Director of Nutrition Services Cristobal Castro. Snack item sales have increased the most, with LOHS students purchasing, on average, about 63 more snack items daily. Meal sales have also seen modest growth, with breakfast sales increasing by an average of 14 per day and lunch sales increasing by about 12 per day.

Overall, Colyer believes that the policy has been "100% effective." Students are complying with the policy, and food deliveries are no longer a significant issue.



Ben & Jerry's is now left to Ben

By COOPER BADCOCK

Jerry Greenfield, a political activist and more notably a co-founder of ice-cream brand Ben & Jerry's, has stepped down from his role in the company as of Sept. 16, 2025. The company was acquired in August 2000 by Unilever under the pretenses that the company would continue to keep their political activity and that any decisions involving the CEO being removed must be confirmed after a discussion with Ben and Jerry's advisory committee. After violations of both of these clauses, Greenfield demanded a change, and when he wasn't accommodated, he chose to leave. In March of 2025, Ben & Jerry's claimed their CEO was wrongfully booted by its parent company, Unilever, known for other companies such as Dove and Vaseline. The previous CEO, David Stever, was kicked out after allowing the company to stop serving Israeli settlements and supporting Palestinians in coverage of the Gaza war. During an interview with NPR, Unilever claimed that "despite repeated attempts to engage the board and follow the correct process, we are disappointed that the confidentiality of an employee career conversation has been made

public," which was their attempt at saving face in the matter. This event also ties back to the other clause Ben & Jerry's made with Unilever when joining the company, to continue to keep their political freedom of speech. In a complaint tied to the removal of their previous CEO, Ben & Jerry's pointed to Unilever denying their request to post on social media their qualms with Donald Trump's second term such as abortion, climate change, and minimum wage, among other things. Finally, in Greenfield's letter addressed to the Ben & Jerry's Community posted on the platform X (formerly Twitter), mentioning, "That independence existed in no small part because of the unique merger agreement Ben and I negotiated with Unilever, one that enshrined our social mission and values in the company's governance structure in perpetuity. It's profoundly disappointing to come to the conclusion that independence, the very basis of our sale to Unilever, is gone." This point further lamented his distaste for the "unloyalty" and shadiness of Unilever's choices. Greenfield continues, "If the company couldn't stand up for the things we believed, then it wasn't worth being a company at all."

Club Hub crackles to life

By TARA PIDAPARTHI

This year, LOHS rolled out a new system for organizing club life: Club Hub, an online platform that was designed to help students join clubs, track activities and assist in communication. But with any new system that is created, the big question remains the same: Is it really any better than what we had before?

For some students, the answer is a definite yes. Senior Arjun Ramakrishnan complimented the platform for making the process of starting clubs much more efficient. "It's really easy to get a club started, beyond just getting a room, so it's probably just easier for the teachers as well." He also mentioned that communication systems have become much more simple. "I like Club Hub because I can just message every person in my club without a huge email."

However, while some leaders find it convenient, not everyone agrees that the platform is perfect. Se-

nior Finn Posner, pointed out a drawback: "It's easy to keep track of people, but it's annoying that it forces you to create an account if you want to join a club, so I think that stopped a couple of people from joining clubs this year."

Unlike Google Classroom, where you can just type in a code to join a club, Club Hub requires the creation of an account to be able to join clubs.

Jason Hohnbaum, assistant principal at LOHS gave his input on why the shift was needed: "We felt even though google classroom worked okay, clubs seemed to be working better with QR Codes and Phones," leading to the selection of Club Hub. He concluded that he hoped "to see an increase in club interest this year."

So, the debate continues. Is Club Hub the upgrade that LOHS really needed? While some LOHS students may appreciate the efficiency, others miss the simplicity of typing in a classroom code. Ultimately, it might just depend on how well students will adapt to the platform.

School shootings plague America



Internet Photo

Families mourn over the loss of their loved ones after tragic school shooting in Raleigh NC

By MOLLY EAMES

As of Oct. 3, five school shootings have already occurred in the 2025-2026 school year.

The first took place on Aug. 15 at Southeast Raleigh Magnet High School in Raleigh, North Carolina, following a football jamboree. School Principal George Harden shared that fights broke out in the parking lot, causing someone to pull out a firearm. Shots were fired, and although there were no reported deaths or injuries, many spectators have shared the intense fear they felt that night. Diana Powell, activist and mom of a student in attendance that night, said, "It's an unfortunate situation that a child cannot come to a football game to enjoy themselves and then find themselves in the middle of a shooting." When police arrived, the people involved had already cleared out. No arrests have yet been made, but Harden added that when the investigation is done, those involved will face Board policy, likely resulting in serious legal consequences.

On Aug. 27, another school shooting transpired in the Annunciation Catholic Church in Minneapolis, Minnesota. During the first week of classes at Annunciation school, during a school-wide mass, a shooter fired dozens of times with a rifle through the church's stained glass win-

dows. The perpetrator had barricaded exit doors prior to his attack, making it harder for the students and faculty inside to get away. The gunfire lasted around two minutes before the shooter shot himself and died in the rear parking lot. Ten-year-old Harper Moysk and 8-year-old Fletcher Merkel were both killed in the shooting. Eighteen children and three adults were injured. The family of Myoski said, "Change is possible, and it is necessary — so that Harper's story does not become yet another in a long line of tragedies." The perpetrator was identified as Robin M. Westman, who had previous ties to the school as he had been part of the 2017 class and his mother worked there.

On Sept. 10, there was a shooting at Evergreen High School in Evergreen, Colorado. 16-year-old student Desmond Holly brought a revolver and ammunition to school, waiting until lunch time to start shooting. One student was shot and injured inside the building. His identity has not been shared, but his parents informed us he is expected to "persevere." In an attempt to flee the school, 18-year-old student Matthew Silverstone was shot at an intersection near the school. Witness Delmer Martinez claimed it looked like the two boys were wrestling at first until Holly pulled out a gun and fired a shot into Silverstone's rib area. He saw the

wounded teen collapse. Law enforcement showed up and repeatedly yelled at Holly to drop the gun. Instead, he turned the gun around and shot himself, committing suicide. Silverstone remained passed out until a deputy performed CPR. He survived but was rushed to the hospital in critical condition. His family shared, "The family appreciates the community's concern and support, but as we remain focused on our loved one's recovery, we respectfully request privacy as we continue to heal and navigate the road ahead." Upon further investigation, the FBI found Holly had been engaging in concerning activities online. He had been referencing school shooters and had joined a website centered around videos of people dying.

Just the next day, on Sept. 11, a school shooting occurred at the United States Naval Academy in Annapolis, Maryland. A former U.S. Naval Academy Midshipman sent threats to the school and made it appear as though he was on school property. During a school-wide lockdown, misinformation spread that the active shooter was disguised as a police officer. Believing an officer was the shooter, a midshipman took action by shooting him with a parade rifle. Out of self-defense, the innocent officer shot back, both facing injuries and needing to be escorted to the hospital. It was confirmed that the claimed shooter was never on the property and had only been sending out threats. Adrienne Jones, Maryland House Speaker, stated, "I have said it before and I will say it again: Violence of any type — including rhetoric and threats — will not be tolerated."

On Oct. 1, a man accidentally fired a gun and hit the door of Highland Ranch Middle School in Highlands Ranch, Colorado. A student and teacher reported having heard a "loud pop" and saw a puff of smoke coming from a bedroom window near the school. While deputies were investigating, the neighbor self-reported to the police. There was no further shooting and no one was injured. Beyond the concern for physical well-being, in today's day and age, just hearing a gunshot in a school building can be mentally traumatizing to students. At the first sign of a gunshot, it is hard to tell the severity of the situation, and in many cases, that severity is extremely high

Fire erupts after police stand off

By JAKE BRENDEN

On Aug. 14, LOPD responded to a domestic dispute call that ended in one death and the burning down of a house at 700 Timberline Drive. The caller, a woman who lives in Lake Oswego, reported that she was being abused by her boyfriend and that she had fled her house for safety. Her boyfriend, the suspect, was in the house and had barricaded himself inside. LOPD and Clackamas County Sheriff's Office Special Weapons and Tactics (SWAT), as well as other agencies, such as West Linn Police and Tualatin Police, responded. The police quickly surrounded the suspect and attempted to make contact; however, the suspect was irate and acting unpredictably.

The police then contacted the suspect by phone, working with him to come out

peacefully; however, the suspect repeatedly threatened to shoot officers and remained inside as a barricaded incident. As the police were negotiating, the suspect claimed that he was going to light the house on fire, and soon after, officers saw smoke rising from the house and contacted LOPD, Tualatin Valley Fire Rescue, Portland Fire and Rescue and American Medical Response.

Tragically, the suspect perished in the house fire. LOPD has yet to release the name of the suspect, and is working with community groups and other agencies to minimize the impact on the community. Overall, this incident is a rare occurrence in Lake Oswego and represents a notable flashpoint of violence in the area.



Internet Photo

LOPD car sitting waiting eagerly for an emergency

Singer d4vd sparks controversy from media's murder accusations

By TIFFANY HSU

David Anthony Burke, known professionally as d4vd, is a 20-year-old American R&B artist. His viral singles “Here with Me” and “Romanic Homicide,” released in 2022, gained widespread popularity on TikTok and successfully kicked off his musical debut. However, recently, his career has been overshadowed by tragedy. On Sept. 8, in Los Angeles, the body of 15-year-old Celeste Rivas Hernández was discovered in a car that was registered under Burke’s name. The case has become a “hot topic” across the country and ignited many controversial discussions on social media.

The vehicle—a Tesla—had been left parked in the Hollywood Hills for several weeks before being towed due to multiple parking violations and neighborhood complaints about a foul odor. After being impounded, police searched the car and discovered Rivas’s remains wrapped in a plastic bag inside the front trunk. The Los Angeles County Medical Examiner identified the body and ruled the manner of death a homicide but deferred the cause pending further toxicology and forensic analysis.

Police confirmed that the body was deliberately placed in the vehicle but have not identified any suspects. De-



Internet photo

Rivas, left, found dead in a vehicle registered under Burke, right

tectives with the Los Angeles Police Department’s Robbery Homicide Division served a search warrant at a residence linked to Burke and collected several of his electronic devices. Authorities have stated that, without a confirmed cause of death, they cannot determine if any act of crime beyond concealment has occurred, and therefore, no arrests have been made.

Rivas was a teenage girl from Lake Elsinore, California, who had been reported as missing several times in 2024, the first time being at age 13 in April. The relationship between Burke and Rivas has drawn great attention. Those close to Burke believed Rivas was 19 and a student at the University of Southern California, but

authorities confirmed she was underage and possessed multiple fake IDs. His friends described her as shy and quiet, often following Burke’s lead in everything. Her sudden death has shocked her family and many of Burke’s fans on social media. Speculation continues to spark about why Burke hasn’t been arrested yet, despite the evidence being held against him.

Burke has canceled his remaining tours and ended his lease in Los Angeles; however, he has not yet spoken up about the situation. Promotional campaigns featuring the artist have been paused or pulled from major brands and his record label has delayed upcoming releases as the investigation remains open.

Sophia Off Script



Knowledge is power

By SOPHIA LU

Amidst funding cuts from public broadcasting services and the decline of traditional media, the validity and ethicality of censoring information are being questioned across the U.S. Although knowledge is power, it seems many only hold that maxim to be true for knowledge they agree with.

In July, \$1.1 billion was rescinded from the Corporation for Public Broadcasting, which supports local media, like NPR and PBS, with federal funding. This cut effectively shut down the Corporation, leaving NPR and PBS facing severe funding deficiencies that are impacting their information distribution strategies.

Throughout history, news and information have been a source of power. From the papal society in feudal Europe to censorship during wartime, information has long been linked to the elite. It was only the advent of the printing press that brought knowledge to ordinary people.

Today, despite controversy surrounding potential censorship of news, the average person now has the unique ability to spread knowledge independently through social media and other platforms. Traditional media may be declining, but that movement is sparking a paradigm shift toward everyday people having more power to share their beliefs. The distribution of information is no longer restricted to a select few — just as we learned to consume information, we can now also spread information ourselves.

Nevertheless, as that power distribution is reshaped, we must also recognize the value and purpose of speech. People will inevitably have opposing viewpoints, and that variety is invaluable.

The purpose of sharing information is sometimes thought to be about spreading facts because the information itself is meaningful. While that may be true, another, more base-level motivation is to inspire thought. The information isn’t only what matters — it’s also how people consider that information and think critically about it. In a world of AI, that’s a skill even the most powerful of algorithms can’t seem to master. If life were a competition in knowing the most information, the internet would win by a landslide. Fortunately, it’s not, so thinking critically becomes even more essential with the sheer volume of contradicting information available.

Critical thinking is a keyword in English class. Books we read, essays we write and judgments we form all contribute to diversity in perspectives and interpretations.

Less obviously, critical thinking is also a skill in math. When math gets complicated, it’s not just memorizing and applying a procedure indiscriminately — it’s also making judgments about when to do what.

Sometimes, however, we fall into the trap of confining ourselves to the same few topics we think we ‘know.’ As such, when new information appears, we often try to analyze while restricting ourselves to our pre-determined worldview, upholding the misleading ethos that only some knowledge is valuable. That, however, is detrimental to our acknowledgement of other claims: we blind ourselves to information that supports those opinions simply because we are glued to our own.

In English, we might ignore other interpretations of text when we fixate on only one. In math, we might miss another way to solve a problem. Those different ways are like different perspectives: though we may prefer some — I like factoring much more than the quadratic formula — we should still understand how others are derived.

Similarly, as a speech and debater, I often encounter topics that I either know nothing about, like the United Nations Convention on the Law of the Sea, or do not agree with. In debate, I always have to defend both sides, so I use available information, venturing dozens of pages into Google’s search results, to draw evidence for both perspectives. I research both, look for the validity of both and argue for both.

Therefore, in life, although we need not always agree with all sides, we should still respectfully communicate with other viewpoints. As news sources face cuts and limited operation, the silver lining is that alternative sources of information can now expand, and opinions with the most reasonable explanations can bubble to the top. That natural selection of ideas through critical thinking will truly allow us to understand that all knowledge can be power.

Ant gives birth to two species

By CORDELIA MEGOWAN

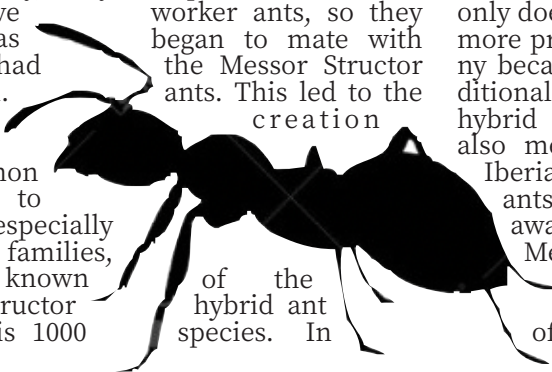
In Sept. 2025, a team of scientists searched for a missing ant species and found something incredible: a queen ant capable of giving birth to two different species. Researchers noticed that Iberian Harvester ants were creating a hybrid species with the Messor structure ant, which have many colonies in parts of the Mediterranean. They found the mutation based off of the ant’s hair, noticing that the Iberian harvester ants had hair while the Messor structure ant did not. When they found a Messor Structure Iberian harvester ant hybrid on the island of Sicily, they did not have an answer as to where it had come from. While one may say it is common for animals to crossbreed, especially within their families, the nearest known Messor Structure ant colony is 1000

km away from the island of Sicily, where the hybrid Iberian Harvester ants were found. The team was confused and sought to figure out this mystery.

Led by evolutionary biologist Jonathan Romiguier of the University of Montpellier, the team found that the events leading up to this reproductive miracle were evolutionary. The two ant species, Messor Structure and Iberian Harvester, were originally one and split about 5 million years ago. For a long time, the split did not affect the two species; however, 1 million years ago the Iberian Harvester ants were unable to produce their own worker ants, so they began to mate with the Messor Structure ants. This led to the creation

order to produce this hybrid species, the Iberian Harvester queens had to travel to find a Messor Structure ant to mate with. This was a tedious and difficult process, so the queen Iberian harvester ants found an easier way to reproduce, called sexual domestication. Sexual domestication can be described as cloning the DNA of Messor Structure ants. The queen clones the DNA from the sperm and stores it, later replacing her own nuclear DNA with the stored DNA when creating hybrid ants. This allows her to give birth to the hybrid species as well as her own, creating a more productive colony. Not only does this create a more productive colony because of the additional strength this hybrid brings, but it also means that the Iberian Harvester ants can live miles away from the Messor Structure ants without dying off.

During this investigation, researchers also found that only “pure” Iberian harvester ants could become queens whereas the ants that were created from the cloned Messor Structure sperm could only become female worker ants. The discovery of the Iberian Harvester ant’s ability is ground breaking and unseen before in the scientific world. It introduces a new form of reproduction which was coined by Romiguier as xenoparous. This term comes from the prefix xeno which means foreign or different and parous which means to give birth or produce. This ant’s ability to clone sperm and create hybrid species without needing to mate with the other is incredible; however, it also means that this ant can now asexually reproduce. Asexual reproduction has many outcomes, one of which is a decrease in genetic diversity, which heightens the chance of extinction in the species.



Mysterious fall play debuts

By SOFIA MOTIKA

With autumn right around the corner, chunky knit sweaters and iced chai lattes are beginning to emerge in the hallways. Bony skeletons and translucent ghosts are materializing in front yards as maple trees commence their annual color show, and the holiday on the forefront of everyone’s minds is, of course, Halloween.

This year, LOHS Drama is leaning into the mysterious vibes as they put on the first ever play where the plot is a secret. That’s right, straight from the Drama director Bobbi Bergh, this “spooky” and “immersive” play is “a recount of filmed interviews and flashbacks to an event that happened in a haunted theatre.” The only people who will find out what happens in the end

are those who attend! Instead of binging classic horror movies this fall, just stop by the theatre to watch the live production — or do both! Bergh says, “It’s one of those [shows] where you will understand why when you see it.” How mysterious!

According to senior Claire Hashimoto, who plays Avishay Lenser, a forensic engineer in-

should anticipate a “thrilling murder mystery”.

The festive and seasonally-appropriate theme is perfect for this year. According to Statista, scary movies have grown in popularity in the past few years, with horror accounting for more than 10 percent of box office revenue. With true crime in the top tier of Spotify and Apple Music podcast genres, mysterious and suspenseful stories are clearly on trend. If you are a fan of all things spooky, this play is a must-see, although it is recommended for “audiences old enough not to be frightened by sudden darkness and creepy themes” according to Bergh. Therefore, when planning your autumn bucket list, be sure to include a trip to the LOHS fall play for a spooky dose of Halloween theatre magic.



Annual Homecoming Week delights community



Submitted image

By popular vote, Senior Krishna Pothugunta was crowned Hoco King.



Submitted image

Junior Class Office took their float theme, Inside Out, quite literally.

By CHARLOTTE WOOLRIDGE

After a week full of school spirit, LOHS students wrapped up Homecoming weekend with a packed dance on Saturday, Oct. 11. The Empire State of Mind theme turned the school into a glowing city with paper skyscrapers, string lights and a photo booth, a popular spot that had a line all night long. From 8 to 10 p.m., students filled the dance floor, ending one of the most spirited weeks of the year.

Homecoming week featured themed days such as Laker Out on Monday, Pajama Day on Tuesday, Country vs. Country Club on Wednesday, and Monochrome on Thursday. The excitement carried into Friday's White Out football game, where the Lakers beat Tigard 45-21 after a short lightning delay. During halftime, senior Krishna Pothugunta was crowned Homecoming King, which was met with cheers from the stands.

The next night, the celebration

continued with a big turnout at the dance. Students were able to request their own songs, which mixed up the music throughout the night. Freshman Alex Wu said, "I've never experienced anything like this before. The opportunity of getting to pick your own music was smart." Junior Keoni Padaca said his favorite part of the night was "seeing [his] friends," a feeling many people shared. The dancing, photos and lights made this year's homecoming a night to remember.



James Olshey brings spirit to LOHS



Instagram

Olshey posing at Kickback with last year's Spirit Director, Charlie.

By MARA IVEKICH

This year, our school welcomed a new spirit director: James Olshey. The spirit director is one of the most important jobs in the school; for this year, it's only fair if we know who this person is.

Olshey took the role as spirit director just this school year, but he said, "Technically I've only really been doing stuff since like the start of summer, but I started helping out Charlie with his stuff before the election last year even began. We are good friends, so I would go into Leadership sometimes and help him out. He would show me the ropes, and he also let me help with a couple of assemblies, which is cool."

Like any other school leader, he hopes to "unite the whole school"

and "find ways to entertain everyone and keep the whole school connected." Many look at their inspirations to be their family members, but, for Olshey, it was the previous spirit director, Charlie Crandall. Olshey had experiences that prepared him for the role. He explained, "All the marketing classes I take with Mr. Hill and Mr. Anders. Those require you, to get up in front of the class and present, so being able to present and build those skills in the last four years has been really helpful." What, though, is Olshey going to do for the student body this year? "I'm trying to get new tournaments for new games across all genres, hopefully at least once or twice a month," remarked Olshey. Clearly, he has the drive to make this year astounding.

Clubs create excitement among students

By ALYSSA MANNINEN

This year, LOHS students have a wide variety of clubs to choose from, including creative hobbies turned into service projects and learning opportunities that fit every passion. With more than a dozen new clubs to join, students are able to find different interests and explore new hobbies during Support Seminars.

Service and community are central to many of the new clubs and are a great addition to many of the existing student-led community-focused clubs. These new clubs supporting local organizations include Action Against Alzheimer's, which is working to bring awareness through conferences and fundraisers, The Patchwork Project, which upcycles new clothes to sell and donate proceeds to the Drip by Drip non-profit, and Hearts and Helpers. Hearts and Helpers, created by sophomores

Leila Longeteig and Sahasra Vuyyuru, shared how their club makes decorated care kits and cards for children in Doernbecher Children's Hospital. Vuyyuru added that the club also hosts medical seminars where every month a professional comes in to talk about their field, making it "a great way to know about the different options in the medical field and create crafts with friends for a good cause."

Among this year's club lineup, there are many opportunities for students to explore and develop new or existing hobbies and interests. Car Club, created by senior Finn Posner, is one of these standout clubs: it aims to set up LOHS car meets, help people participate in engineering projects and more. "It's a great way to be introduced into Oregon's car culture," stated Posner. Another one of these clubs is Podcast Club, established by senior Alex Lopez who explained, "You can spread

your opinions..., make new friends and get experience running a podcast."

In addition to these, LOHS is seeing a rise in STEM-related clubs with opportunities in Artificial Intelligence, Biology Olympiad, Cryptocurrency Club, Hack Club, Lake Electrical Club, Rocketry Club and Oregon Game Project Challenge (OGPC). All of these clubs provide students with experiences to explore related careers and learn more about their interests.

LOHS has even more new clubs to offer, including Board Game Club, Chinese Club, Future Business Leaders of America (FBLA), Junior Room Crew, New Music Club, Pizza Lunch, Paper Airplane Club, Portland Pounders, Youth and Government, Spirit Store, Thespian Troupe #2500 and Rowing Club. Join these new clubs and participate in existing clubs on Club Hub to become involved with Lake Oswego's community!

Tech it out: Robotics team starts off strong



Internet image

The All Hands on Tech official team logo

By TARA PIDAPARTHI

With another tough but exciting year ahead, All Hands on Tech (AHOT), a community based robotics team from Lake Oswego, is preparing for its fifth FIRST Tech Challenge (FTC) season. Coming off the high of qualifying for Worlds last year, the team is entering this new season with experience and plenty of energy to take on whatever the new year pres-

ents to them.

FTC Robotics is a hands-on robotics competition for students in grades 7-12, in which teams design, build and program robots to perform tasks in new, annually-released games. This year, the season raised a new challenge to the bar: a shooter game. Robots must complete a 30-second autonomous period using pre-programmed code before student drivers take control in fast-paced two-on-two matches.

"I think a lot of the seniors are very excited about the new season because it's a shooter game, and a lot of the people who were originally on the team started their year off with a shooter game," said senior Karen Zhang, Project Manager for AHOT.

"It's very different from past seasons, and it presents a very interesting challenge," added senior Olivia Seow. "We haven't had to mechanically shoot or throw things for five years now, so it's definitely fun to explore new mechanisms."

The new rule guidelines also added another layer of intensity, senior Olivia Cho explained: "We don't get any extensions during our autonomous or TeleOP periods this year, which is a rule we haven't had since Ultimate Goal." Autonomous periods refer to a robot being fully coded beforehand and lasting 30 seconds without any driver interference, and TeleOP refers to the manual driving period when robots are permitted to interact with driver interference.

What makes AHOT stand out isn't just purely their engineering skills but also their team culture. A dedicated team of five years now, their ability to adapt to these challenges presented in the game guidelines has carried them through tumultuous seasons, and their commitment goes far beyond what is expected of them in the classroom.

With a World Championship appearance already under their belt and a reputation for being one of Oregon's most competitive FTC teams, it's safe to say that AHOT is once again ready to take on this season with passion and skill.



Ellie's Epiphanies



So what about the rabbits? The benefits of a curated niche

By ELLIE NGUYEN

Anyone who is chronically online is relatively familiar with the cuddly and eccentric PopMart Labubu, complete with captivating beady eyes and a plush exterior. Recently, Labubus have been a topic of extreme interest on social media. It is not uncommon that I see a Labubu unboxing with millions of views, or even ads with resellers offering the toy for hundreds of dollars. How can something that was practically irrelevant before suddenly become so prominent in our daily lives?

I find myself dwelling on this idea, especially as I reflect on the interests I've had over the years. Topics such as domestic rabbits, Radiohead, and Franz Kafka have always been meaningless in my eyes until recently, where I have discovered they give me extreme enjoyment. I often discuss these subjects passionately, even when the people around me have deemed them silly or trivial. There have been countless times when I have expressed fascination for things that are out of the ordinary, all while facing backlash from individuals I consider the most important in my life.

Rather than deter me, the criticism I receive does the exact opposite than intended. It emphasizes the feelings I have toward what I care about, rather than dismiss my fondness for them entirely. Though an exaggeration, the simple notion of going against my peer's opinions exhilarates me beyond comparison—adjectives such as complacent and pompous do not portray my excitement accurately.

Over time, I have discovered other people who have felt this way, who take pride in having interests labeled as unique. I have a friend who can list assorted details about Joshua Harmon, the frontman of the indie-rock band The Backseat Lovers; another who is greatly enamored by postcard-sized prints of tropical fish. One such acquaintance of mine enjoys comparing daily moments of her life to the surrealist American television series *Twin Peaks*, whether sharing out loud or making mental note of it in her head.

Though some of these facts bear the semblance of early signs of insanity—the first friend in particular is well aware of the Zestimate of Joshua Harmon's house—I view them as one of the countless ways that make the human species so special. The need to take comfort in the odd is something akin to many, a crucial method to distinguish oneself in a time where conformity is especially valued.

Our infatuations with the abnormal may seem peculiar, when in reality they are a crucial part of our identity. We are drawn to the spontaneity of things, as the intricacy of such is a refreshing break from the mundanity of everyday life. Perhaps this is why Labubus are so popular—the nature of receiving a randomized, unusual-looking creature compels buyers to clear the shelves.

The next time someone labels your obsessions as strange or different, take appreciation of their comment. Resist the implicit need to assimilate, to subject yourself to what is expected by others. Dabble in the niche and you might surprise yourself by what you discover.

What do LOHS students listen to?

By ALEX BAUTISTA

Students across Lake Oswego High School were recently asked to share their favorite music artists. The responses revealed a wide variety of musical styles, genres and generations, showing that students' listening habits are incredibly diverse.

Junior Emma Curt named Maki as her favorite artist and mentioned him being a Filipino musician. Maki has become known among younger listeners for his soft R&B sound and lyrics. Another junior, Julian Powell, said his favorite artist is the John Coltrane Quartet, a group led by saxophonist John Coltrane and recognized for its lasting influence on jazz and modern improvisation.

Freshman Evelyn Wheeler

she said that her favorite artist is The Weeknd, noting that "there is no mid song of his." The Weeknd's blend of pop, R&B and electronic music has made him a defining artist of the 2010s and 2020s.

Sophomore Aurora George stated her favorite artist is Rising Appalachia, a musical group known for mixing folk, soul and world music to create a distinct sound that connects to cultural and social themes.

Another sophomore, Madee Stame listed Zeddy Will as her favorite artist. Known for his energetic trap and social media

presence, Zeddy Will represents the growing popularity of independent artists.

The wide range of answers, spanning from established figures such as The Weeknd and John Coltrane to newer voices like Zeddy Will and Maki demonstrates that students' music tastes extend across decades and genres.

Whether they listen to jazz, pop, folk or rap, each student's choice reflects an individual connection to music and the artists who inspire them. Together, their responses illustrate how music continues to bring students together through different sounds, messages, and generations of creative expression.



Brand new recreational center opens up in lake oswego



Internet Photo

New facility that has been under construction for couple years, opens up to the public of Lake Oswego, Oregon

By PARKER SMITH

Hey Lakers, have you heard of the new Rec center? It only opened a little less than a year ago and was a huge project for our town, costing a whopping 46 million dollars. But is it really worth that price tag? Well, here's what LOHS students had to say about it:

Pat Thomas, a sophomore who frequently visits the LORAC, thinks it is pretty fun. "I really like it," Thomas explained. "The staff are all friends, and they have lots of things to do. Recently, I have been golfing there, and it's pretty fun, but the prices are pretty high

for just a bucket of golf balls."

Sophomore Cayden Carrol thinks the rec center is wonderful because it has nice people, great staff and it feels inviting to be there. "The people there are always so nice and will invite you to play in games," said Carrol. "Last time I went there and some people asked if I wanted to play volleyball. I didn't, but it was still nice to offer." This just shows how kind the people at the LORAC are.

Ryan Jumnonnart, another sophomore, has been looking forward to its opening since its construction began but is

on the fence about it, explaining his belief that this money could have probably gone to more important causes: "I like the gym, and I go there very often. It's not huge, but never super crowded, and it feels like a nice place to work out. But I'm not so sure it was worth 45 million dollars."

It seems the general consensus is that the LORAC is pretty great, and people seem to think it's a fun and friendly place to be. There are still some large drawbacks, such as its huge cost, that are hard to justify, but if you haven't been there yet, you should head down to check it out and let us know what you think!

Lake Views

Social Media & Broadcast Manager
Alyssa Manninen

The award-winning student newspaper of Lake Oswego High School

Website Editor
Alyssa Manninen

Editors-In-Chief

Laila Bristol, Ellie Nguyen, Jake Brenden, Kaiya Carnegie

News Editor

Alyssa Manninen

Managing Editor

Laila Bristol

Staff

Mara Ivekich, Leena Bristol, Truman Zzekely-Johnson, Ahmed Al-Awadhi, Ben Shannon, Audrey Kane, Parker Smith, Cordelia Megowan, Ryan Koper, Andrea Piedras, Callum Heyns, Sara Firmin, Molly Dornblaser, Sofia Motika, Sally Hsia, Alex Bautista, Mikayla Riggs, Ian Patterson, Charlotte Wooldridge, Lilly Kaisi, Karina Swartz, Tara Pidaparathi, Cooper Badcock

Adviser

Ellen King

Sports Editor

Taylor Sheldon

Opinions Editor

Tiffany Hsu

Features Editor

Sophia Lu

Lake Views is a free press and a forum for student expression.

BOO BELIEVE IT OR NOT

What is The Nightmare Before Christmas?

By COOPER BADCOCK

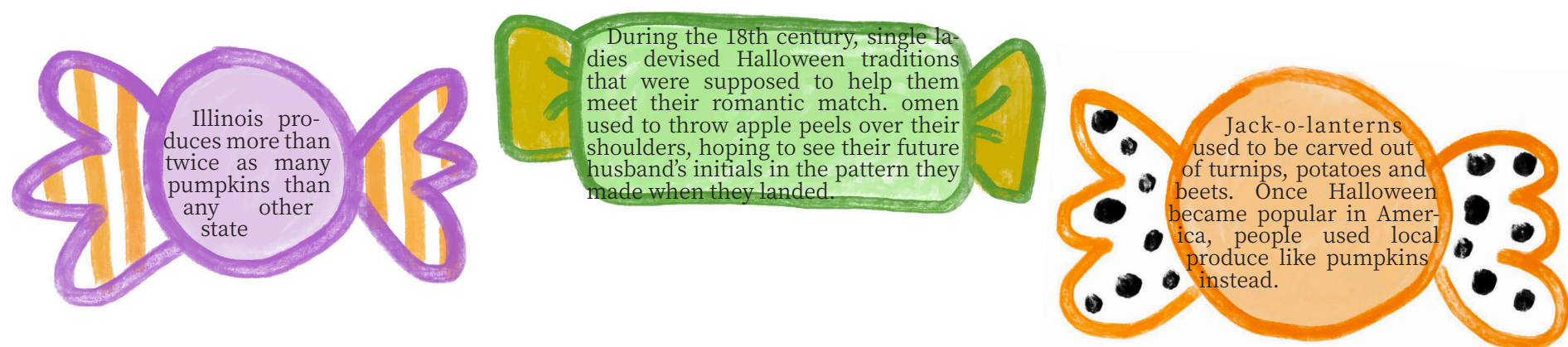
"The Nightmare Before Christmas" – Halloween or Christmas movie? That is the question. To those who haven't watched this masterpiece of a movie, Jack Skelington, the king of Halloween Town, stumbles upon Christmas magic and aims to bring that to his kingdom by kidnapping Santa. Whether he succeeds in this endeavour or not affects the story's central settings of both a winter wonderland and a twisted decrepit hole of a land. With themes of both Christmas and Halloween, many have always wondered if it's a Halloween or a Christmas movie. Thus, I asked the student population. Out of the 56 students I asked via Instagram, 71% claimed it was a Halloween movie, and 29% claimed it was more of a Christmas film.

When given a movie with Christmas in the title, there are implications that Halloween is nowhere to be seen; however, with Halloween Town as the home base of this movie, Halloween is at the forefront. As for Christmas, when you hear the amount of whimsical songs such as "What's This?" in this movie, it is incredibly hard not to compare the tropes with other Christmas movies. Halloween Town is permanently shrouded in dark, the moon never leaving the sky, with fog covering the town's floor. Stretched out buildings and windows barred up to keep its ghoulish residents at bay are what allows Jack to claim mayorship of this spook-filled residency. Christmas Town, which has a very original name, is illuminated by Christmas lights that keep its residents safe in its peaceful snow covered streets.

With these two distinct places, some call "The Nightmare Before Christmas" both a Halloween and Christmas movie, but, when given one choice, Halloween comes out on top. Depending on others opinions, some may be watching this Tim Burton movie this Halloween season or saving its wonderful animation for the cozy, snowed-in Christmas days!



Weird but troooooo



Lake Oswego high school students decide the best Halloween candies

By BEN SHANNON

Everyone likes candy, right? Well, what candies do the students of LOHS like? A poll was taken from different students at LOHS, and the numbers were pretty interesting. Instead of any sour or minty candies, the first place spots were tied between Twix and Oregon's number one candy, Reese's. Which is interesting,

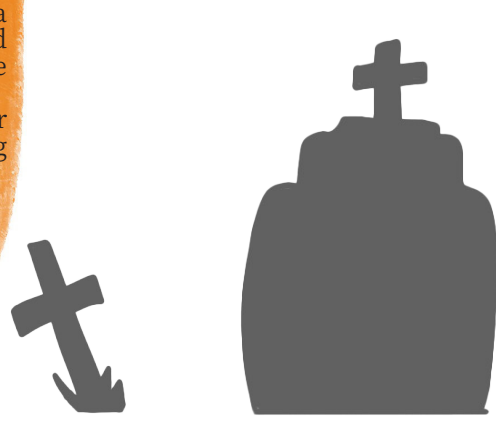
because one has peanut butter while the other has caramel, which are such drastic differences. So, it's weird to see them side by side at the top of the poll. But what both of them have in common is that they start off with a sweet, chocolatey flavor. Each of these candies ended up with an astonishing 19.5% of the votes, clinching the best candies in the poll by a mile.

The delicious sweet and sour candies, like Nerds, and Sour Patch Kids, which have seen a boost in popularity since 2020, seem to be pretty popular right now, too, taking up 15.6% of the votes. Now, Kit-Kats have always been good and are liked by most people, but this poll only shows them having 11.7% of the votes. The poll also had many random responses that ended up

only having one vote, so there was a category for that, which took up another impressive 19.5% of the votes. Skittles, the number one Halloween candy in 2020, had 9% of the votes. The 61-year-old chocolatey 100 Grand Bar, originally named the \$100,000 Bar, had 3.9% of the votes. Last but not least, some unfortunate students said toothbrush, which ended with 1.3%.

Students share their plans for Halloween weekend!

By MIKAYLA RIGGS



Since the late 1800s, people have celebrated Halloween by throwing a party, eating candy and going trick-or-treating. This year, one of the high school grading days falls on Halloween day, giving students the perfect three-day Halloween weekend. Many students have different ideas for how they plan to spend their time. Freshman Jake Holmes said he plans on "going to a Halloween party, which will be lots of fun of course. I am also going to eat lots of candy (specifically Reese's and Snickers), and I'm going to watch some horror movies." Holmes planned out the movies he wants to watch: "I want to watch a new one that came out this year, the OG Scream and then something really scary for the third one." Parties and hang outs are how many students choose to spend their time on Halloween. Sophomore Henry Byrne said, "Usually for Halloween I have a couple friends over. We binge out on chips, candy and pizza and watch weird old Halloween movies. We also like to scare all the trick-or-treaters who come through the door." Trick-or-treating is another common way for LOHS students to spend their Halloween night. Junior Cadence Walker said, "I think I am probably going to take my little brother trick-or-treating." Lastly, senior Natalie Hills mentioned how she plans on "going over to my friend Carys's house on Halloween." In addition to that, on the weekend Hills plans "to find something super spectacular to do with my friends." From movies and treats to parties and friends, there's no doubt that LOHS students have great ideas for how they're going to spend their Halloween weekend.

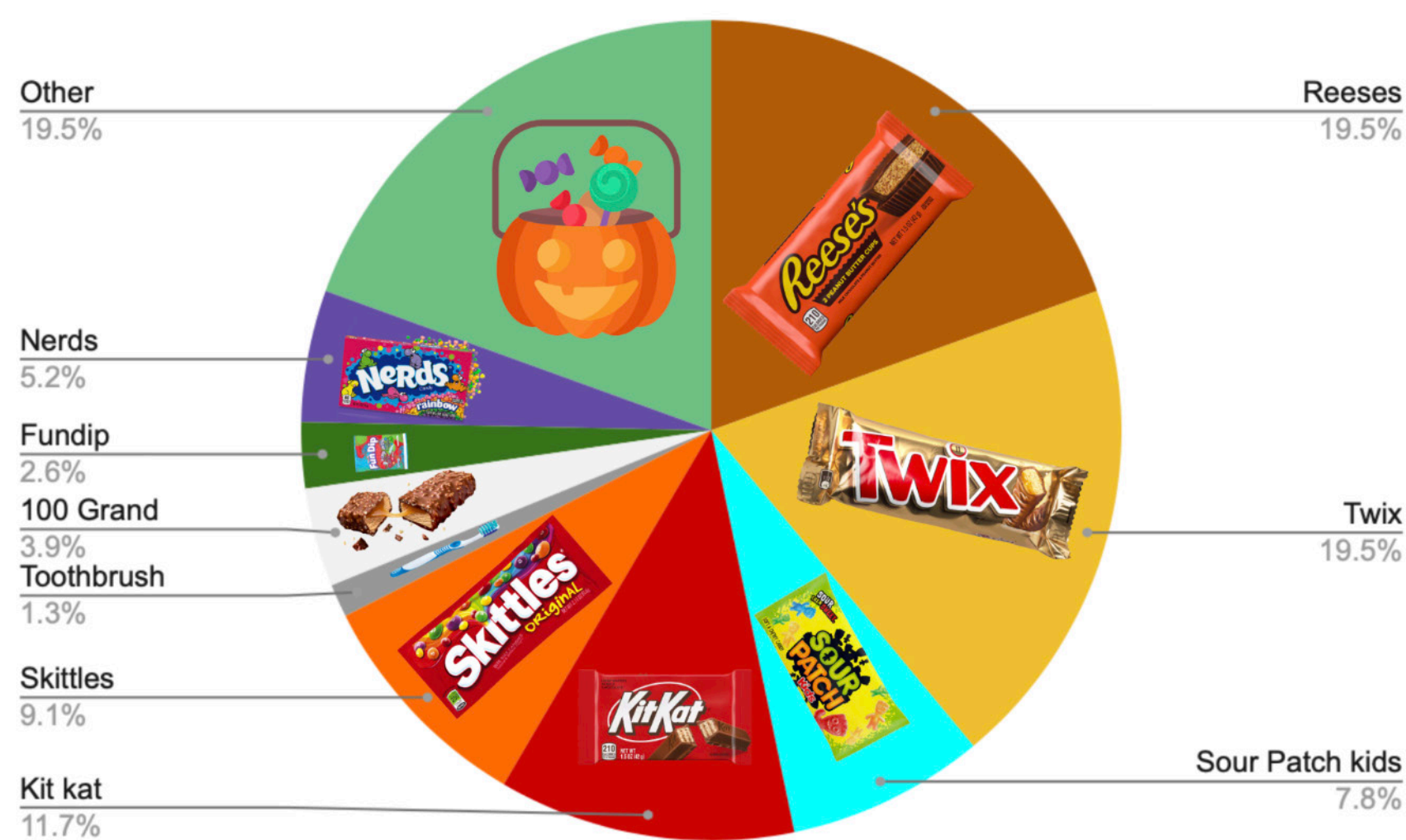
Dos and don'ts of dressing up for Halloween

By AUDREY KANE

When it comes to Halloween, there are two types of people: the prepared individuals who manage to curate the perfect costume months in advance, and those who haphazardly chop two holes into a musty pillow-case a few minutes before they leave and dress up as a ghost...for the third year in a row. If the latter sounds familiar – perhaps it even describes you – I have prepared a step-by-step guide to creative and fun Halloween costumes. Before we get into the nitty gritty here are some very basic guidelines: Rule number one: basic is boring. If you want to have a truly good outfit, it's never a good idea to wear a blue shirt and some red shorts and say you're

Superman. Sorry, but all you're doing is putting on some primary colors and praying people will understand. Rule number two: don't go too far. You also don't want to go too obscure. For example, no one's going to know that you're the spaceship that Katy Perry used to go to space, so unless you are going for a niche vibe, try to stray away from nebulous references. Rule number three: be cautious. When finding a costume, if you're unsure of whether or not it's offensive, it's best to avoid it! Not only will the people around you most likely feel more comfortable, but so will your future self. You may be thinking with all of these rules and restrictions, what can I dress up as? Well, an option that is always good is to take inspiration

from one of your favorite things, such as a movie, book, celebrity or animal. A more simplified example could be a costume like Coraline, Carmy from "The Bear," Indiana Jones or even a Victorian princess! If you are looking for costumes for two, that basic guideline is always helpful, but here are some suggestions: Mr. and Mrs. Incredible, Sally and Jack Skellington, Marilyn Monroe and Audrey Hepburn and Daphne and Velma. What about a bigger group though? Well, the Barden Bellas, DC or Marvel group, Hocus Pocus and Alice in Wonderland are good options. With all these tips and tricks, you are sure to have a costume you can feel excited to wear and show off this Halloween season.



War of the Worlds movie adaptation shocks audience with creative ideas

By AHMED AL-AWADHI

Rich Lee's *War of the Worlds* (2025) is more than just another adaptation of H.G. Wells' timeless novel—it's a love letter to all movie enthusiasts. The setting, the acting and the creativity in this movie will remain unrivaled for a millenia. The setting of the film is not just creative—it's bold, beautiful, unique and ambitious. The movie being told from the perspective of a Zoom call is nothing short of genius. This movie spares no detail, and every frame of this movie should be enjoyed like an art exhibit. I

sat, I paused and I admired every single frame. The cinematography of this film is beautiful; the locations and sets were like paintings. Iconic scenes from the corporate Amazon warehouse, and the daughter fleeing from the midst of a battle—left me shook.

Aliens invading earth to eat our data is a revolutionary idea. Rich Lee takes the stale alien invasion trope and transforms it into something terrifying. Watching the aliens invade Earth through stock footage made the scenes indistinguishable from real life. There is weight to the alien

invasion; it is heart throbbing to watch the savagery unfold.

Ice Cube's portrayal of Will Radford was not acting; Ice Cube did not play Will Radford, he became Will Radford. Subtle behaviors like Ice Cube's facial expressions are beyond acting. Ice Cube casually switches from fear to innate power. These displays of human emotion connect perfectly to the movie's themes of humanity, family and resilience. It's incredible how Rich Lee passionately weaves timeless tropes into his movies' action; unlike other movies, *War of the*

Worlds does not downplay its audience's intelligence.

Furthermore, the world being saved by Amazon™ is inspiring. William Bradford buys a data hard drive through Amazon Prime™, which is delivered by a brave Amazon Prime™ delivery driver. When do we get to see such iconic feats in movies? William Bradford literally saves the world through a hard drive.

Ultimately, Rich Lee encapsulates what cinema is. Through these countless examples, it should be clear that this is the greatest movie of all—it's undeniable.

Jake's Take



It can happen here

By JAKE BRENDEN

When I heard the national guard was being deployed to Portland, one phrase rang in my mind: "It can't happen here." Now this phrase has become synonymous with apathy toward the current political climate. I am definitely guilty of this; many of us have faith in the American way, the American system. However, the further we get into this presidency, the more and more I lose faith in this system.

It wasn't more than 6 months ago that ICE deported an American citizen, and the administration has repeatedly denied the right of due process to non-Americans. The DOJ and the executive branch have repeatedly denied and refused court orders. These are clear violations of the system that has bound our system and our country for the past 250 or some years. Yet, I still believed it can't happen, and there is this prevailing idea that bad things never happen. I still hear that "people are overreacting" as their friends and coworkers disappear like in the USSR, sent to some prison camp a world away.

When the National Guard went to DC, I paid little mind to it, just another thing occupying the 5 o'clock news—not the heart of democracy. When the excuse of "crime" and "civil unrest" came up, I paid little mind; after all, who cares? It's not a state; it is under the direction of Congress. Then it came to Portland, and even then, the only visible disturbance was Customs and Border Patrol helicopters circling above, so it was quite easy for us to ignore. America, I thought, would never let anything happen here, and so for a while it didn't in my mind.

Just a week ago, the Secretary of "War" announced new press guidelines, quite literally prohibiting journalists from operating in the Pentagon if they don't abide by certain rules. These rules were so absurd that only one of the many news networks with press access agreed, that being the One American News Network. I thought about the control of information, the denial of information, and how authoritarians weaponize the control of information. The government wouldn't restrict the press...

Yet here I am doubting the idea that it can't happen here. One of my good friends was scared when the president was elected, believing that she and her identity would be erased. I'll be honest, I chuckled. I didn't believe it; I was steadfast in my faith in America. I still don't believe America is going to end or that people will be erased. However, the more and more I sit and think, even writing this column, the more I think it could happen here, and I keep thinking of this quote by Sinclair Lewis, "When fascism comes to America, it will be draped in a flag, carrying a cross."

Year-round school shows promise

By SOPHIA MOTIKA

When presented with the idea of year-round school, most students would groan or roll their eyes, immediately banishing that unpleasant thought from their minds. Contrary to the name though, a year-round schedule doesn't necessarily mean more school. Year-round school schedules follow a 180 day requirement, just like the standard school calendar that is employed at LOHS. However, students only attend school for six to nine weeks at a time, with refreshing two-week breaks in between. The main drawback is that year-round schooling reduces summer break to approximately one month instead of the three-month relaxation period typically savored by students. But in perspective, this tradeoff makes sense because all that clumped up vacation time would be redispersed during intervals throughout the year when students actually need the time to recharge and relax.

Everyone has experienced the dread of returning to school after a rejuvenating winter break. With

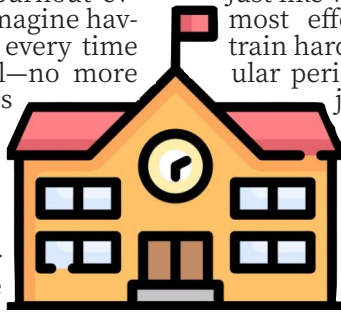
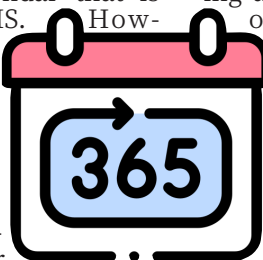
the longest break of the year suddenly over, it seems almost impossible to wait until late March to recharge, especially after the stress of finals week. Then spring break rolls around and it's just a desperate, monotonous push to get to the finish line of summer break. With year-round schooling, students and teachers have a two-week break to recharge and prevent burnout every six to nine weeks. Imagine having a vacation in sight every time one went to school—no more waiting months just to catch up on a regular sleep schedule.

Not only can students take some time for themselves more regularly, but the opportunity for travel suddenly skyrockets! With hearty breaks injected into each season of the year, families can finally get away and explore Europe in autumn or the Bahamas in February without worrying about missing school. Students could experience and enjoy the golden paradise of autumn and the glorious rebirth of spring firsthand instead of just staring longingly at the seasonal changes through the classroom window.

Year-round schooling could benefit students academically as well. With their two weeks of freedom, they could catch up in classes they are struggling in or take initiative to get ahead in certain subjects. Having clear, designated intervals of work and relaxation would reduce the stress load on students and prevent absences and burnout.

Just like when working out, the most effective strategy is to train hard and incorporate regular periods of rest instead of just aimlessly sprinting for nine months of the year with a few measly breaks occasionally. Not to mention the elimination of "summer brain drain", as the break time during summer would inhibit too much learning loss.

To recap, opportunities for academic progress during off-weeks and emphasis on regular periods of rest and relaxation are just some of the redeeming qualities of year-round school. Before shrugging off the idea of year-round schooling, students should consider the potential for a less-stressful calendar and seasonal get-aways, as well as the underlying learning benefits.



ICE police sadly shatter families' lives

By ANDREA PIEDRAS

When walking in downtown Portland, people frequently pass by a building with protesters outside, often unaware that the building is the U.S Immigration and Customs Enforcement (ICE).

ICE is a federal agency that enforces customs laws to protect public safety.

This is what ICE is supposed to do, but lately, more and more innocent people have been detained and taken away from their families. Just this year, 71.5 percent of arrests have been of people with no criminal background. Normal people with jobs, families, and homes have been arrested just because of their race.

Many are affected by the raids that keep happening—families are being separated, people are scared to leave their homes, and depression

rates have been increasing since. Many families struggle to live a normal life; living in constant fear should not be how people live. Many people have to stop working because of the fear, and some kids stop going to school, as ICE has started entering schools. A kid's education has to pay the price for ICE's actions, which is wrong.

ICE affects not just immigrants but everyone. ICE is being funded with more money, money that the government doesn't have. Their money is coming out of health care and schools, which directly affects every citizen, not just immigrants. Another act that is an effect is the Big Beautiful bill. The big, beautiful bill affects the lower and working class in many different ways. This bill causes over 15 million people to lose their health care, not only health care but nutrition as well,



Internet photo

"Abolish ICE" immigration protests occur in Portland

since many schools are having to get rid of financial aid for children who need to get food. This bill has major budget cuts for schools. ICE agents are not peaceful. They beat those who are detained. Some people get beaten just because they are not a US citizen. These acts are inhumane and unjustified, and they are traumatizing to the victims and their families.

Many of these immigrants who have suffered came to the US to give a better life to their kids and families. They're not dangerous, nor are they criminals; they are people who love and care for others. These people want to give opportunities and possibilities they never had to their children. ICE is not promoting safety; instead, it is traumatizing and harming families.

Jimmy Kimmel wrongfully suspended

By IAN PATTERSON

On Sept. 17, popular television host and comedian Jimmy Kimmel's ABC late-night program, *Jimmy Kimmel Live!*, was suspended from ABC after Nexstar and Sinclair had announced that his show would be removed from their stations. Nexstar Media Group and Sinclair Broadcast Group are two of the biggest affiliates with ABC, giving them quite a bit of power over what shows are allowed on the air and which ones are not. This fiasco was sparked when Kimmel made a joke following the assassination of Charlie Kirk. Kimmel commented, "Many in MAGA land are working very hard to capitalize on the murder of Charlie Kirk." Kimmel's late-night show had been suspended indefinitely; however, after 6 days, ABC decided to lift the suspension and allow Kimmel back

on the air, bringing Jimmy Kimmel Live! back to ABC. After his return, Kimmel clarified that he had not intended to make light of Kirk's assassination and understood how his remark may have come off in a mocking way. However, for a while after ABC had officially removed the suspension on Kimmel's late-night show, both Nexstar Media Group and Sinclair Broadcasting Group decided to keep it off the air. This attracted the attention of U.S. senators, who have stated that they wish to investigate the relationship between these ABC affiliates and President Donald Trump's current administration. I believe that the United States government should not be able to push someone to be removed from television because of their political views or political statements. This could lead to heavy censorship of political speakers, which directly clash-

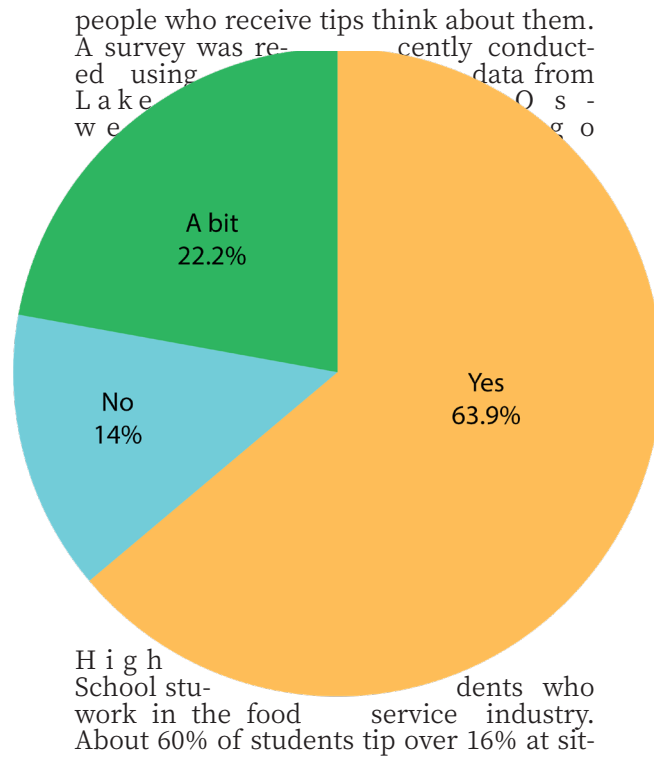
es with the First Amendment. Even with these stations still refusing to air Kimmel's late-night show, by Wednesday evening, ABC reported that over 26 million people had watched Kimmel's return on television or through social media. It was and still is a very controversial suspension, as the First Amendment of the United States Constitution guarantees freedom of speech and freedom of the press. This suspension clashes with the First Amendment, as Kimmel should be allowed to say whatever he wishes without resistance from the United States Government. In the end, Kimmel thanked everyone for their support after he had been allowed back on air and said, "I also want to thank all of you — I do — who supported our show, cared enough to do something about it, to make your voices heard so that mine could be heard. I will never forget it."

Has tipping culture become too normalized?

By CALLUM HEYNS

In the Early 1900s, the acronym TIPS was created, and it stands for “to insure prompt service.” Giving someone a tip was another way of speeding up any order or request by providing compensation. Nowadays when you walk into any restaurant or food related place, waiters are always asking for a tip, completely undermining the true meaning behind why it exists. Another problem about tipping in America is the fact that tips can be taxed. In the U.S., 41 out of 50 states tax tips as income, which means that the intent behind tipping is diluted due to a portion being removed from your paycheck. While cash tips cannot be taxed, most places have transferred to online tipping, meaning the majority of the tip money earned is taxed. Another problem with tipping culture is how some places accept both forms of payment for tips (cash and online), while other places (like Chick-fil-a, McDonalds, etc.) don't accept tips.

Today, the discussion focuses on tipping culture in society today, and what



down restaurants. Junior Teddy Flaa commented about his experiences at sit-down restaurants and the pressure of tipping, saying, “When I go to any restaurant now, I feel like I need to tip, even if it's super bad service.” Flaa is not the only person who feels this way about tipping being required for most food places. Over 91% of the people who responded to the survey said that tipping has gone up in the past 10 years. Due to most tips being online, places that only take cash miss out on a lot of tips. Junior Finley Lovrien commented on this problem and said that “nobody really carries cash around anymore.” Another issue that has not been brought to attention is the truth that tips are taxed, as over 50% of the people who responded were unaware that they are.

While tipping culture sure has gone up over the years, societal pressures have also helped the push towards increased tipping at most places. If someone feels the need to show gratitude towards a hard worker, by all means feel free to tip, but the normalization of obligatory tipping across America needs to be less acceptable.

The importance of learning your heritage

By SALLY HSIA

When immigrants come to America to fulfill the “American dream,” they often focus heavily on assimilating into the new culture, especially the language. This rejection of one's own culture in order to become one with the people surrounding them is prevalent within all types of ethnicities. As generations pass on, the loss of language and culture grows, as the priority to learn one's heritage language becomes nonexistent.

A heritage language is typically learned by a person from their parents in a country where another language is more widely spoken. Many other third-generation immigrants, especially teens and young adults, feel as though their lack of language brings them shame about being a bad representation of their culture. I personally have felt this; my parents did not prioritize my brothers and me learning Chinese, and I now speak and have the literacy abilities of an elementary student. Though there is no way to not be “enough” of your culture, I think it is truly important to embrace and deepen your knowledge of your heritage.

There are many benefits to learning your heritage language, but I believe the most important by far is connection. One of the reasons I regret not trying harder when I was younger to learn Chinese is that I feel a disconnect between myself and my relatives, which I'm sure many others can relate to. I don't have the ability to converse beyond surface-level subjects with my grandparents, and the empty space in conversation leaves me feeling anxious, even when just talking to my family.

But how do you even begin? The biggest struggle of finally consistently putting in the effort to learn is the discomfort of it all. For me, it's intimidating to think about failing, or sounding too American and being made fun of for it. While it's definitely awkward to be bad at something new, I think it is best to recognize what we're connecting ourselves with. Whether it's our family, familiarizing ourselves with cultural food and recipes, or just comfortably talking to an uncle or aunt at a family reunion, I think that all of us who have lost our heritage language should reach out of our comfort zones and find it.



Internet Photo
Learning your own heritage languages can be beneficial to you

Freshmen need to leave the senior hall



Lake Views/Alyssa Manninen

Senior hallway on the second floor of Lake Oswego High School.

By CORDELIA MEGOWAN

Ever noticed how you're getting to class later than usual? Ever notice how you can barely walk through the “senior commons” without running into someone? This is probably because of all the freshmen standing around. A habit that the freshmen have gotten into this year is standing in the middle of the hallway, especially during passing periods and breaks, making it near impossible to walk freely. In past years, more and more freshmen have been migrating to the second floor, a once coveted section of the school that was reserved for the upperclassmen, mainly seniors. Originally, the different sections of the school have been named as separate places for students of the four classes to spend time during break and talk to their friends.

This is an opinion also shared by fellow underclassmen, many of whom share

the difficulty and annoyance of having to weave their way through groups of people that could easily stand to one side. Lucas Fiscus, a sophomore, mentions the sheer amount of freshmen stating that “they multiply” even though the freshman class is a similar size to past years. Fiscus provides a simple solution that the freshman should “just choose a side” and not stand in the middle of the hall. Junior Annalena Privatera remarks about the difficulty of making your way through the halls saying, “you're constantly trying to not get pushed or push people.” This shift in behavior and positioning in the last four years has been drastic, and many students wonder why that is. All in all, it is agreed upon that the freshman need to get out of the way and stand to one side or stick to the first floor, instead of making other students late to class and being unapologetic for it.

The bright future of AI will kill the planet



Internet Photo

A.I. data center that uses amounts of power and water to maintain.

By RYAN KOPER

AI is a relatively new topic. Everyone is asking if it is good or if it is bad. Personally, I believe that most of the time, AI is not helpful and a distraction. Students who use AI are missing out on significant learning, just so that they can get a good grade or do less work. Not only does AI harm students' learning, but it also harms the Earth. AI has been found to consume high amounts of energy and contribute to climate change.

The data centers used to run AI websites use high amounts of energy powered by fossil fuels, which leads to carbon emissions and climate change. To make AI run, it needs lots of energy—usually coming from the burning of fossil fuels. The burning of fossil fuels produces greenhouse gases that warm the planet. A single AI request has been found to use 10 times the energy it takes to make a Google

search. In 2023, AI used 4.4% of U.S. energy, which is expected to triple by 2028.

Not only does AI use high amounts of energy, but it also uses lots of water. There are 0.26 to 2.4 gallons of water used per kilowatt-hour of server energy. Per day, the total is way more, using up to millions of gallons of water. The estimated use of water for one AI question could be up to 39 milliliters or 5 drops. The problem with this use of water is that the demand for AI is growing rapidly, leading to more data centers being built and increasing amounts of water being wasted.

Not only does asking AI questions use energy, but so does training AI. Training AI models involves thousands of graphics processing units running for multiple months. This task ends up using a generous amount of energy. In conclusion, AI contributes to lots of negative environmental changes.

LO football tackles the new season head on



DJ-Flickzz Instagram Photo

Seniors on the LO football team walk out before facing Tualitan

By SARA FIRMIN

As the leaves fall and we say our goodbyes to summer days spent at the lake, the LOHS students get ready for one of the many social and athletic events of the year. Most Friday nights in autumn, the LOHS varsity football team draws students to Cobb Field to watch the game, also known as Friday Night Lights (FNL). With themes, performances and the #1 student section in Oregon, the Lakers never fail to bring a loud crowd to every game, home or away. Among the many activities available at FNL, students have the option to walk around, cheer with the student section and purchase snacks.

Among the many attendees at FNL, junior Leah Hoover

said, "I like to get hype in the student section and cheer really loud for Lake Oswego High School." Freshman Ryder Lopez said he likes to "Cheer in the crowd with my friends." The student section at LOHS chants with the cheerleaders and makes sure the football players on the field are supported.

Many students stick with their normal activity at the football games, but some students, like junior Lada Chamine, open their circle to new people. "I like to watch the game and talk to people that I wouldn't normally talk to," Chamine said. At the end of a home game, everyone huddles on or around the field to sing the LOHS Alma Mater and heads home excited for the next game.

Laker cross country drives forward



Internet Photo

Lake Oswego High School Senior Cordelia Megowan competing for the LOXC team

By TRUMAN SZEKELY-JOHSON

The LOHS cross country (XC) team has been driving through the competition over the season. Currently, the Lakers have been hard at work to prepare for the start of the season so they can do the best they can, rain or shine. Despite their back-breaking training, the XC team always finds a way to engage each other and power through the season. "The season is going well so far," said sophomore Felix Wang. "Personally, I've been having a lot of fun this season and I can't wait for the next few meets. And also, even though we are halfway through the season, I've been having a great time at practice."

To help runners prepare for their meets, Head Coach Tim Broe made rigorous workouts for the Lakers to do. Some of these workouts include 100-200 meter strides, 16 by 400 meter runs at a competition pace, hill

sprints and many more. "I've been sick for the most bit of the season, but for when I wasn't sick the workouts really got to me," said sophomore Lucas Fiscus.

As it stands now, there have already been four XC meets at a variety of locations, including Wilsonville High School, the Hydrangea Ranch, Meriweather National Golf Club and Adlerbrook Golf Course. On top of that, there are three more meets in the season. Those meets will be the 5th Annual rose city championship invite that will take place on Oct. 10, followed by the Stump Showdown on Oct. 18 at Lents Park and finally the Three Rivers League (TRL) championship, the last meet of the season, which will be held on Oct. 29.

As it stands currently, the XC team has been hard at work to maintain peak condition to compete at their best over the season. They are always encouraging each other to do their best and to always give one hundred percent on and off the field. Laker XC is always striving to train to improve their skills and overcome any challenge that gets thrown at them.

Nike coming out with a surprising slick slogan change

By KARINA SWARTZ

Nike has just launched a new campaign with the question "Why Do It?" The purpose of this campaign slogan is to connect with younger athletes to make them see that greatness comes from a choice. Its purpose is to spark the new generation and dare them to step forward with courage, trust their potential and discover their own greatness. This cam-

aign involves many Nike athletes including Carlos Alcaraz, Saquon Barkley, LeBron James, Scottie Scheffler, Vini Jr. and more. They started off with a video to kick off the campaign that included moments from all the Nike pro players playing their sport, including little moments of 'why' like "why risk it all" and ends with "what if you don't?"

Those few words are powerful enough to get viewers thinking about all the possibilities that

they will be missing out on if they don't do something. This video's message speaks directly to today's athletes who are growing up in a world where trying and failing can feel very discouraging, where taking a leap feels harder than ever and the feeling to quit is louder than any reason to keep going. Their goal is to make people think of what would happen if they do or don't do something. One of the best running backs, Saquon Barkley, said, "Greatness is something you

earn with every choice, every workout and every comeback." Even through his setbacks, he still became one of the best and mentioned how no one has the same journey; everyone's path is different, so people shouldn't compare their journey to someone else's. "Why Do It?" also stands as a bold reminder to Nike's founding belief: when you show up and try, anything is possible. The campaign is a reminder, not only to athletes but everyone, that trying still counts, and failing is part of the

process. It also reinforces Nike's leadership in shaping the future of sports, inspiring every athlete.

Since its debut, "Just Do It" has become one of the most iconic sayings and slogans in sports and culture. The global call to action for everyone and every background launched with a simple ad of an 80 year old runner jogging across the Golden Gate Bridge. They have now come a long way with their new promo, including some of the best athletes in our generation for the new campaign slogan: "Why Do It?"

Water polo dives to climb the ranks

By JAKE BRENDEN

The LOHS Boys Water Polo team has been on a run with victory after victory. Ranked 56th nationally and undefeated in the Tri-River League, the LOHS Water Polo team has won the past 3 state championships and is gearing up for the next championship win. Their next game is at Tigard High School on Oct. 27 at 7 PM. LOHS is predicted to win this game.

The Lake Oswego High School Water Polo team is hard at work practicing day in and day out to ensure they are ready to go at game time. They moved their practice to the Lake Oswego Recreation Center, or the LORAC, from the LOHS pool.

LOHS has had an amazing recent histo-

ry with Water Polo, winning the past 3 Tri River League championships. This dynasty is built on the hard work and dedication of the players and the coaches. For the past three years, this team has continued to produce outstanding records and will cap it off with a likely state championship. The state championship will be on Nov. 15, and it is not determined who will be in it; however, it will most likely include LOHS.

LOHS water polo also went to a multi-state tournament, where they faced the stiffest competition. This is where they had their sole loss in the year against Santa Margarita, based in California and ranked number 3 nationally. Still, LOHS water polo is the best team in Oregon and one of the best programs nationally.

Fun fall fantasy football

By TAYLOR SHELDON

It's that time of year again where fantasy football has taken over different groups all over LOHS and other high schools alike, meaning feeds on social media are soon to be flooded with public humiliations and punishments for the losers. The punishments range from a variety of severities and have escalated to be more intense, increasing the stakes and creating powerful incentives for each member of a fantasy league.

Some of the most popular punishments include wearing costumes or embarrassing outfits in public, participating in stand-up comedy or karaoke, posting degrading dance videos, spending 24 hours in a restaurant or store, going on a date with a mascot or mannequin, embarrassing calendar photoshoots, food challenges, or a milk mile. Most of the time, leagues start out with less difficult tasks, but as years progress, the consequences also progress in terms of becoming more extreme and some even being permanent. This is due to groups wanting to keep the competitive spirit alive and ensure commitment of its members.

Students at LOHS participate in these challenges in their collective

leagues throughout the school, and the punishments vary among the different groups. Sophomore Lucas Manning is in a group of seven. They voted on the punishment of the loser doing embarrassing dances consecutively on a TikTok account. In the past, Manning stated that he lost and had to do a milk mile as his punishment. Although the milk mile was difficult, he claimed that he would prefer to do that over an embarrassing TikTok dance account because "it remains online for all to see" while the torture of the milk mile ends.

Senior Rohan Gore participates in a group with 13 other members. Their group is still deciding on a punishment, but an idea they have is for the bottom two of their league to go out on a public date. Unlike considering the milk mile like Manning's group, Gore revealed that they banned the milk mile and "deemed it too evil" of a punishment. Instead, as last year's punishment, they voted on the loser having to wear an uncomfortable piece of clothing for an entire school day.

The world of fantasy football has endless possibilities for punishments, and students at LOHS are testing their creativity and commitment within their respective leagues to perform unique challenges. Every participant is hoping their fantasy team has what it takes to keep them away from the bottom spot so they don't have to endure the loser's punishment.



Internet photo

Number 12, Jack Tansey in action against Lakeridge High School

LOHS girls soccer kicks off their season with multiple wins



Internet Photo

The Lake Oswego Girls Soccer team taking a photo after a powerful victory against Oregon City.

BY LAILA BRISTOL

Fall sports are in full swing and LOHS Girl's Soccer program is off to a great start. The team has played a total of 12 games so far this season with two more regular season matches to go, keeping a record of 5-4-1. Notably, our Lakers have taken down the #2 ranked Grant Generals in a hard fought match played at Providence Park in September.

The program also has a new leader this year as coach Zayn Khan has taken over the role as head coach for the varsity team. New to the program, Khan has a prior 10 years of coaching experience at the high school, club, and even collegiate level. In the past, Khan has coached at Linfield

University, Oregon State University and more recently for Oregon Surf at the Elite Clubs National - Regional League level.

"I want to build a culture at Lake Oswego because it's the standard of a school with our background and our name to build a culture of excellence," said Khan. He explained that in addition to building this culture, he aims to win championships, league and state.

"Gelling is tough, you know, when there's a new coach. There's a new way of doing training. There's a new way, you know, of how we talk and obviously, style of play," said Khan, explaining that despite the nuances to the team, he is beyond happy with how the

girls have begun to work together.

Khan recognizes that coaches "can have a massive impact" on their athletes and programs and states that he is overly intentional with his sessions and feedback and considerate of how his actions will affect the players. Besides the player-centered approach, Khan also describes himself as detail oriented and "very intense." He aims to run clean, precise sessions whilst maintaining the relationships that his players have built with each other and with him.

The Lakers celebrate senior night and take on Lakeridge at home on Oct. 23, so make sure to show up and check out the new program.

Laker football team ranks second in state for OSAA

BY KARINA SWARTZ

The 2025 season has started off hot for the Lake Oswego football team who went 4-0 in the pre-season. Winning in fashion with blowout games and scoring an average of 35 points per game, the Lakers only let an average of just over 4 points per game. Now the Lakers enter league play. The Lakers have won their first two league games: first against Tualatin in a high-scoring game of 49-24, which boosted their rankings all the way to first in the state, and then against Tigard in their most recent game on homecoming night. This season, the Lakers will have a home field advantage when they play West Linn. Although they play away at Lakeridge, a large number of LO students should be showing up to support the Battle of the Lake. Heading into league, the Lakers were ranked third in the state, and they hope to continue to rise in the rankings before playoffs. The 30 seniors on the football team are hoping to finish their last high

school season strong as the champions after the hard loss in last year's state championship against West Linn, whom they previously beat before playoffs. This year they are coming in with more motivation and ambition to win and call themselves state champions. This season, they are coming out for blood and revenge against West Linn and to prove that they are the better team.

The Lakers showed a lot of potential to beat competitive teams after their shutout win over Central Catholic, whom they played in the semi-finals last year. Central Catholic was highly ranked before the game, so it was a huge win for LO. It was also very important as it was Live Heads Up week in honor of coach Jeff Young. The whole stadium was decked out in red and white, including the Central Catholic Rams student

section. The game was also accompanied with a fundraiser that sold shirts, stickers and other goods, and a lot of money was raised for Jeff and the Live Heads Up association.

The team has a lot of talent, as many players either have committed to play collegiate football or have offers from them, including senior running back LaMarcus Bell who is committed to the University of Utah. The Lakers have done very well on the offensive side of the ball, especially with Bell who has had multiple touchdowns in his first few games. They also have senior Hudson Kurland at quarterback, throwing to his star receiver, junior Jasiah Agnimel. On the defensive side of the ball, many players have stood out, one of them being senior Liam Tobin who had an interception against Newberg in the last pre-season game.



Lake Oswego boys soccer prepares for 2025 season

BY TAYLOR SHELDON

The boys soccer team is looking to move up the Three Rivers League (TRL) rankings this season, with a large senior squad of nine hoping to end their high school seasons on a high note. Last year, the team finished with a record of 6-8-1, placing them at 3rd for the TRL and 25th for the state. Their top competitors in the TRL are Lakeridge and West Linn who finished above them in the rankings in 2024. This season will also be more of a challenge as the team lost eleven seniors last season. With almost a fully new squad, the boys had to ensure they could gel together to perform at their highest level.

The team has started their season off in non-league play with a respectable 2-3-4 record. They recently had their first games in league, putting them at 2-1 for league play. The next

upcoming game is on Oct. 23 at 7:30pm at Lakeridge.

The Lakers, led by senior captains Conor Lyons and Jayden Wilkinson, hope to extend their post-season play and make it further into playoffs this year. The team is ready to leave it all on the pitch and go beyond what's expected of them. Senior JJ Komitor feels confident in his team's ability to make it far this season, stating, "We've recognized our strengths and where we are weak, and trained a lot in those specific places."

The team put in the work over the season, with attending team kick arrounds as well as solo sessions. "I trained on my own as well," said Komitor, reflecting on his preparation for his senior season. Wilkinson stated that he is most excited "to play on senior night", and hopefully get in a couple minutes on the field with his brother. When asked what the overall goals of

the team are, he shared, "We have a lot of the same starters along the midfield and backline, but our offense took the biggest hit [with the loss of last year's seniors] so we have been working on our attack pretty much every practice."

The boys soccer team has high aspirations for the 2025 season and they have taken the necessary steps during the off season to help prepare them and allow them to perform at their highest level. The Lakers hope to dominate in the TRL and make the most of the remaining season.



Internet Photo

LO boys team warms up before games

Taylor's Timeout



NIL deal difference for gender

BY TAYLOR SHELDON

Name, Image and Likeness (NIL) deals allow college and high school student-athletes to earn money from their personal brand through endorsements, social media posts, selling merchandise and other partnerships. In June of 2025, the House v. NCAA settlement was accepted. This settlement allows Division I schools to directly pay student-athletes, share revenue with the athletes and limits roster sizes to a lower number due to schools being able to pay their entire team roster since the scholarship caps were eliminated. It also includes a \$2.8 billion back pay to former student-athletes who competed between 2016 and 2024. Football and basketball players are expected to receive the largest shares of this back pay. Due to these new developments and the evolving rules, the state of college athletics is changing with the end of amateurism, which previously prohibited college athletes from being paid for their sports.

This has raised the concern of unequal opportunities and has already seen backlash, including from a group of eight female athletes who have appealed the back pay structure on Title IX grounds, which prohibits sex-based discrimination in any education program or activity receiving federal funding, and it resulted in a hold on payments until the issue is resolved. The backlash stems from the distribution formula allocating 90% of the back pay funds to male athletes, furthering the history of gender inequity in college sports. The federal judge who approved the settlement, Claudia Wilken, previously rejected Title IX concerns and ruled the case as an antitrust matter rather than a gender equity case, also claiming that the formula for allocation was based on market value, not gender discrimination.

Although there are many reasons to support this settlement model, such as being able to pay deserving athletes and resolving antitrust violations related to historical earnings, there are broader concerns for the future of college sports with the impact of this settlement being passed. Some have raised concerns over the reality of non-revenue college sports eventually being cut due to the new revenue sharing model and resulting expenses which could disproportionately affect women. Some believe that this major step could be just the beginning, making the college sports world all the more unstable and full of uncertainty with the potential for increased changes. Others fear the possible violations that will occur along with the regulations currently in place for athletes and that their compensation structure could constitute an unauthorized form of employment.

Despite the halt in back pay distribution, the other terms of the settlement remain in full effect. Athletes aiming for Division I schools already had the odds stacked against them and will now have an increasingly difficult time getting recruited due to the roster caps. Although the settlement grants more scholarship opportunities for athletes and direct payment, enabling the athletes to receive immediate benefits, there are both benefits and downsides to the new rules. If permitted by the school, all the athletes on the team are able to be paid for playing at the collegiate level. However, due to teams having to cut down the amount of athletes on their team, as they can only pay a set number of players with the given amount of money, coaches are having to cut athletes from the team as well as significantly reduce the recruits they can take on, making it extremely difficult to fulfill even some of the most highly talented players' desires of playing in the Division I level.

Live laugh Laila



By LAILA BRISTOL

The first soccer team I ever played on was called the Pink Piglets and my dad was my coach. We all wore baggy, pale pink shirts and ran around different patches of grass in Denver playing other similarly named teams like the Red Salmon or the Yellow Bumblebees. I was so nervous on my first day that I asked my mom if she could buy me a suit of armor to wear to practice instead of just shin guards.

One girl on my team always had a pink monkey stuffed animal around her neck, even at games, and another girl's signature move was to sit on the ball in the middle of the field. I wore my neon green shin guards on the outside of my socks and sometimes, I wore a skirt to practice.

While I'd love to be able to say that these memories felt like they were yesterday, the truth is that they've never felt quite so distant. My senior night for high school soccer is in a few days and although I am filled with immense enthusiasm, I also find myself struggling to say goodbye to a sport that has truly given me so much.

Each time someone asks me whether or not I am playing soccer in college, my head begins to ache. I used to think it was because I was irritated with the same repeating question but as time passes, I am beginning to think that maybe the question bothers me so much because it forces me to come to terms with the imminent loss of such a large part of my identity when I reply with "no".

Saying goodbye to soccer also means saying goodbye to the sport that brought me some of my favorite people. It means saying goodbye my car, full of teammates, music audible from a mile away, driving to home games every weekend. It means saying goodbye to team dinners and to pre game traditions. Team travel. Boxed lunches. Braiding hair before games and writing on my legs with Sharpie for good luck. All coming to an end.

As I try to separate myself from my sport in preparation for a clean break in a few short months, it is becoming more apparent how thoroughly soccer has seeped into every aspect of my life. I don't know where I would be without the people I have met on the soccer field. From coaches to friends, each person I have played with or against has played a part in eventually molding me into who I am today. I can't simply untangle myself from these relationships, nor do I want to. I am endlessly grateful for the people I have met along the way.

Along with people, I have learned so many lessons through soccer. I have learned how to be patient, how to work hard, and how to push myself to my limits. After thirteen years of playing soccer, I can say without a doubt that this sport has made me a better person. Despite my journey coming to an end, I feel so lucky to have been able to compete in the sport I will always love for the majority of my life.

I wonder if the little girl in a purple tutu wearing her pink soccer jersey would be proud of how far I've come. Would she be disappointed that I am giving up something that has brought me so much joy? Or would she commend me for making the most of it while I could? Either way, although I know college soccer is not for me, I am devastated to say goodbye. Most of my favorite memories come from the sport and many of my favorite people as well. I wish I could keep playing this beautiful game forever but it's like they say, all things must come to an end.



Thumbs



By LAKE VIEWS STAFF

1. "Lions can't swim!!" Yeah but maybe they can tread...
2. Hey Lakers, how do you spell Junior? S-O-P-H-O-M-O-R-E-S. I don't think so, stay out of the Junior student section!
3. Lakeridge rivalry coming up this Halloween, suddenly we all care way too much about sports.
4. Hey football team! How much is West Linn paying you to throw to them?
5. Homecoming proposals are looking a little too close to a marriage proposal, chill out you just met.
6. We were gonna stop at 5 thumbs but decided to do 6.
7. Or 7.

Meet the New Staff



Submitted Photo

Jenna Blancher

Welcome to the English department, Jenna Blancher! Blancher currently teaches Freshman English and is in her fourteenth year of teaching. Prior to teaching at LOHS, she taught at Lake Oswego Middle School. Blancher grew up in the Pacific Northwest and lived two years abroad in Belgium when her kids were younger. Blancher said her favorite thing about teaching is "helping kids connect to the texts we read in class and watching them express themselves through writing."

Elle Carlson

Welcome to the foreign language department, Elle Carlson! Carlson grew up in Vancouver, Washington and currently teaches Spanish 2 here at LOHS. This is her ninth year teaching. Prior to LOHS, she taught World Language Exploration at Lake Oswego Middle School. Her favorite thing about teaching is getting to know her students and having fun with them. She loves how a lot of students here at LOHS seem genuinely excited and curious about learning Spanish.



Submitted Photo



Submitted Photo

Meriel Hartling

A track runner for the University of Oregon in college, Meriel Hartling is one of the newest additions to the teaching staff in the English and history departments. Hartling grew up here in Oregon, and this is her fourteenth year of teaching. She currently teaches U.S. History, Sophomore English and World History. Hartling has taught all over the globe, including Germany, Kansas, Ireland and Lakeridge High School. Her favorite thing about teaching is how everyday is different, and she loves how the students at LOHS are so welcoming and hard working.

Michelle Wright

A beloved English teacher from Lake Oswego Middle School, Michelle Wright, is another new member of the teaching staff in the English department here at LOHS. Wright is originally from Akron, Ohio, and this is her twenty-seventh year teaching. Prior to LOHS, Wright taught overseas at the Singapore American School in Singapore as well as at Sunset High School in Beaverton and for five years at Lake Oswego Middle School. At LOHS, Wright loves how she already knows so many students from teaching them in previous years. Wright said her favorite thing about teaching is "getting the opportunity to read students' creative writing and getting to see what their imagination comes up with."



Submitted Photo

Changing Zodiac Signs

By LILLY KAISI

Are you a Virgo... or actually a Leo? Hate to break it to you, but the zodiac sign you've believed in for years could be wrong. According to astronomers and an article written in The New York Times, the zodiac signs that many people have believed were their own and contributed to their personality have turned out to be a myth.

Here's why: zodiac signs are based on the stars; however, over 2,000 years ago, the Earth shifted, and certain zodiac signs may have shifted along with it. 12 zodiac signs were based on the constellations behind the sun from the view of Earth. Well, why does this happen? In simpler terms, the Earth "wobbles" when it spins, so the stars that were originally lined up 2,000 years ago aren't lined up anymore, and constellations actually are different sizes, so it was divided up differently 2,500 years ago.

It turns out that there is a 12th zodiac sign as well, the Ophiuchus. Some personality traits may include: passionate, creative and independent. If you are born in late November or early December, this could be you. If you check out your horoscope, it may still use the outdated system. This is because Western astrology goes by the seasons and not the stars. So, what exactly does this mean? Your horoscope may not be true.

If you've looked at your horoscope and felt like it didn't align with who you were, this may be the reason why. Now, let's find out your real zodiac sign so the next time someone asks, you can tell them the truth.

Here are the updated zodiac signs:

Sagittarius: Dec. 17- Jan. 19
 Capricorn: Jan. 20 - Feb. 14
 Aquarius: Feb. 15 - March 11
 Pisces: March 12. - April 18
 Aries: April 19 - May 13
 Taurus: May 14 - June 21
 Gemini: June 22 - July 20
 Cancer: July 21 - Aug. 10
 Leo: Aug. 11 - Sept. 16
 Virgo: Sept. 17 - Oct. 30
 Libra: Oct. 31 - Nov. 22
 Scorpio: Nov. 23 - Nov. 29
 Ophiuchus: Nov. 20 - Dec. 16



Ai Generated Photo

Combined Leo and Virgo Zodiac Signs